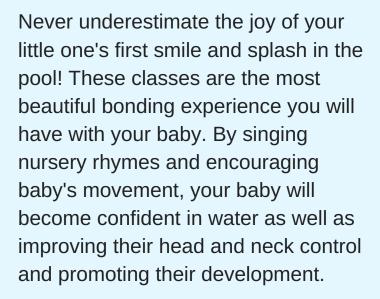
Nicole VVeir Physiotherapy Baby Splash Classes

90 minute classes Monday 12 noon to 1.30pm at Go Swimming Wanneroo



The Mum's Aqua class will help you regain your pre-pregnancy body whilst your baby watches on from their pram.



- 30 minute Baby Splash
- 30 Minute Break
- 30 minute Mums Aqua Fitness
- For Babies 6 weeks to 8 months
- Helps Babies Development
- Improve Mum Fitness and Strength
- Warm water (32 degrees)
- Gas Air Heating
- Private Facility

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